

## The Louisville Invitational

Short Course Meters(SCM) Sunday, November 24, 2019



#### Sanctioned by Kentucky Local Masters Swimming Committee for USMS, Inc. Sanction Number 419-S005

Sponsored By: Cardinal Masters

Location: Ralph Wright Natatorium, University of Louisville, 2216 South Floyd St, Louisville, Ky 40208

Venue: 8 Lane Competition pool with a 25 Yard warm-up area, Non-Turbulent Dividers, Daktronics Fully Automatic

Timing, 40 x 22 inch Paragon Blocks with Back plates, Colorado Backstroke Ledges.

The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and records will be contingent on verification of bulkhead placement.

Schedule: Sunday, November 24, 2019, 9:00 am EST; Warm-up at 8:00 am EST; Doors open 7:45 am EST

**Eligibility:** All swimmers must be registered with United States Masters Swimming, Inc. Each swimmer is responsible for his/her USMS card and may be required to show it upon request by officials.

To be entered, a copy of the swimmer's current USMS registration card MUST accompany the paper entry form. The meet entry form should display your registered name, USMS number and USMS club or SKY workout group name, according to your USMS card.

Unattached swimmers shall be noted as "UC-(LMSC #)." Unattached Swimmers are not eligible to swim on relays.

Each swimmer is eligible to enter and swim a maximum of 5 individual events for the meet, plus relays. There shall be no "exhibition" swims.

**Age:** The age reported on your entry form must reflect your age as of 12/31/2019.

18-24 Swimmers: Swimmers 18-24 years old competing in USMS meets may jeopardize their NCAA eligibility.

**Warm-Up/Warm Down:** Swimmers must enter the pool feet first in a cautious manner. Diving shall be permitted only in the designated lanes. USMS Rule 102.4 is in effect.

**Entry Fees & Deadlines:** The Online entry system is available on ClubAssistant.com. https://www.clubassistant.com/club/meet\_information.cfm?c=2365&smid=12599

An EARLYBIRD entry fee of \$25.00 will be charged for on-line entries received by 11:59 pm EST October 31st, 2019

An entry fee of \$30.00 will be charged for on-line entries received November 1<sup>st</sup>, 2019 at 12:00am EST until Friday, November  $22^{nd}$ , at 9:00 pm EST

Online entry is paid by credit card to "ClubAssistant.com Events". Maximum entries are five (5) individual events, plus relays.

An entry fee of \$30.00 will be charged for written entries. This fee is for written entries received by the entry deadline or late entries, accepted before the day of the meet. Checks are preferred. Maximum entries is (5) Five Individual events for the meet, plus relays. Make checks payable to the <a href="Swim Kentucky Masters">Swim Kentucky Masters</a>. Paper entries are to be received by Wednesday, November 20, 2019. Paper Entries received after November 20<sup>th</sup> will be considered **Deck Entries**. Send all paper entries to Seth Boone, 2216 South Floyd St, Louisville, Ky 40208

**Deck Entry Deadline**: Paper deck entries will be accepted from 7:45 am until 8:30 am EST, the day of the meet at the facility. The fees for the paper entries received <u>late and deck entries (day of the meet) is \$35.00</u>

Relay only entries is a \$10.00 surcharge at the meet.

Real Time results and event Psych Sheet should be posted by Saturday evening, November 23rd on Meet Mobile and at www.Swim-Meets.TingleyLLC.com/2019/19LouisvilleInvitational

Lane Assignments: Each event will be Deck Seeded by the pre-entered seedtime of each swimmer with the slower heats first. No time (NT) will be seeded in the slower heats. Swimmers will be pre-seeded according to time regardless of age. Women and men will be seeded in heats, together. Swimmers are responsible for reporting to the blocks on time for their appropriate heat and lane for each event. The meet will be seeded when deck entries close and heat and lane assignments will then be posted around the venue.

**400 Ind Medley and & 400 Freestyle:** The 400 Individual Medley and the 400 Freestyle shall be men and women seeded together, by event with the 400 IM first. Both events shall be limited to the first 48 entries received. An athlete may enter and swim only one (1) of the two 400 meter events, either the 400 IM or the 400 free, **but not both.** 

**Team Representatives:** All USMS registered teams should inform the meet director or the Clerk of Course of one official team representative before the start of event #1, or upon the team's arrival.

Relays: Relay teams may be entered as MEN, WOMEN or MIXED, but teams of all types will be seeded together in the same heats, and then scored separately. No swimmer may swim on both a mixed and a same-sex team in the same event. Relay's should display the <a href="USMS club">USMS club</a> (no SKY workout group) and the USMS registered name of each <a href="Swimmer on the relay card">Swimmer on the relay card</a>. All relays will be deck entered. Relay cards are to be picked up from the Clerk of Course table, by the coach or team representative who is responsible for printing legibly all information required. Each card shall include: each swimmer's name as registered with USMS in order swum on relay; first name, last name, age, and sex. The aggregate age for the four relay team members shall determine the age group. Relay Cards should be returned to the timing room by the announced deadline. There shall be no "exhibition" relay swims.

**Protests:** Any protests concerning seed times, awards, final results, eligibility, scoring or entries will be addressed to the Meet Director, or Referee. A protest shall be made by the team representative only.

Facility Restrictions: No smoking or alcoholic beverages are allowed on the premises of the University.

Meet Director: Bill Tingley 2216 South Floyd St, Louisville, KY 40208

Email: btingley4510@gmail.com Home telephone: 502-548-4129

#### Housing:

Country Inn and Suites-Airport	2850 Crittenden Dr, Louisville, KY	502-753-5555
Hilton Garden Inn	2735 Crittenden Dr, Louisville, KY	502-637-2424
Ramada Limited	2912 Crittenden Dr, Louisville, KY	502-637-6336

## Order of Events Doors Open 7:45 am EST – Warm up 8:00 am EST - 9:00 am EST Start

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1 400 M Individual Medley )
) -> Enter one only*
2 400 M Freestyle )
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There will be a 10-minute break after the completion of event 2

- 3 200 M Medley Relay
- 4 50 M Butterfly
- 5 200 M Backstroke
- 6 200 M Breaststroke
- 7 50 M Freestyle

There will be a 10-minute break after the completion of event 7

- 8 100 M Backstroke
- 9 100 M Butterfly
- 10 200 M Ind Medley
- 11 100 M Freestyle
- 12 100 M Breaststroke

There will be a 10-minute break after the completion of event 12

- 13 50 M Backstroke
- 14 200 M Butterfly
- 15 50 M Breaststroke
- 16 200 M Freestyle
- 17 100 M Ind Medley

There will be a 10-minute break after the completion of event 17

18 200 M Freestyle Relay

#### **Directions to**

#### Wright Natatorium @ the University of Louisville 2216 South Floyd 40208

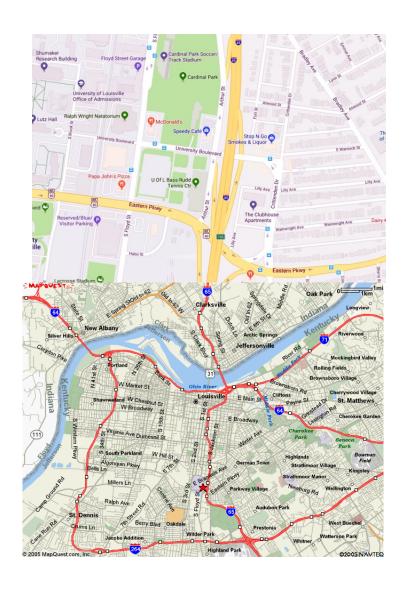
From I 64 West: South on I 65 to Exit 133, University Blvd, Right on University Blvd one block to Floyd
From I 64 East: West on I 264, Watterson Expressway, North on I 65 to Exit 133B
University Blvd, Left on University Blvd, University Blvd two blocks to Floyd
From I 65 South: Exit 133 Eastern
University Blvd exit, Right on University Blvd one block to Floyd
From I 65 North: Exit 133B University
Blvd, Left on University Blvd, University Blvd, Left or University Blvd, University Blvd two blocks to Floyd

<u>From I 71 South</u>: South on I 65 to Exit 133 University Blvd exit, Right on University Blvd one block to Floyd

#### **Parking**

On Sunday Parking is Free in the parking lot next to the Thrust Theatre building across University Blvd, south of the Natatorium.

Street parking is free on Sunday. 24 hour Paid Meter Parking in the rear of the Natatorium





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United States Masters Swimming

Short Course Meters (SCM) Sunday, November 24, 2019

Please	Print	or Ty	pe
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Name	GenderBirthdate	SKY Workout Group
Address	City/State/Zip	
Home Phone	Business Phone	<del>.</del>
E-Mail	ATTACH A COPY OF US	MS CARD!!

Mixed	Event	Entry Time
1	400 M Ind Medley	One 400 event only
2	400 M Freestyle	One 400 event only
3	200 M Medley Relay	DECK ENTER USMS Club Only
4	50 M Butterfly	
5	200 M Backstroke	
6	200 M Breaststroke	
7	50 M Freestyle	
8	100 M Backstroke	
9	100 M Butterfly	
10	200 M Ind Medley	
11	100 M Freestyle	
12	100 M Breaststroke	
13	50 M Backstroke	
14	200 M Butterfly	
15	50 M Breaststroke	
16	200 M Freestyle	
17	100 M Ind Medley	
18	200 Free Relay	DECK ENTER USMS Club Only

**Deck and Written Entry Fee: \$35.00**. Maximum entries is five events. **Relay only entries** is a \$10.00 surcharge. Make checks payable to the **Swim Kentucky Masters**.

RELEASE TO BE SIGNED: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature Date



# PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- 2. I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- 3. I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- 4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- 5. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (cir	cle) F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip					
Signature of Participant				Date	e Signed